

**IVYBRIDGE TOWN FOOTBALL CLUB**  
**WINTER TRAINING PROGRAMME - 2008/09**  
**SCHEDULE 1: October 13th - December 22nd 2008**

Date / Team	U9	U10	U11	U12	U13	U14	U15	U16	1st Team	FREE
Monday 13th Oct		5:30pm			5:30pm		6:30pm	7:30pm		5:30pm
Wednesday 15th Oct			5:30pm	5:30pm		5:30pm			7:30pm	
Friday 17th Oct	5:30pm									5:30pm
Monday 20th Oct		5:30pm	5:30pm				6:30pm	7:30pm		5:30pm
Wednesday 22nd Oct				5:30pm	5:30pm	5:30pm			7:30pm	
Friday 24th Oct	5:30pm									5:30pm
Monday 27th Oct		5:30pm				5:30pm	6:30pm	7:30pm		5:30pm
Wednesday 29th Oct			5:30pm	5:30pm	5:30pm				7:30pm	
Friday 31st Oct	5:30pm									5:30pm
Monday 3rd Nov		5:30pm		5:30pm			6:30pm	7:30pm		5:30pm
Wednesday 5th Nov			5:30pm		5:30pm	5:30pm			7:30pm	
Friday 7th Nov	5:30pm									5:30pm
Monday 10th Nov		5:30pm			5:30pm		6:30pm	7:30pm		5:30pm
Wednesday 12th Nov			5:30pm	5:30pm		5:30pm			7:30pm	
Friday 14th Nov	5:30pm									5:30pm
Monday 17th Nov		5:30pm	5:30pm				6:30pm	7:30pm		5:30pm
Wednesday 19th Nov				5:30pm	5:30pm	5:30pm			7:30pm	
Friday 21st Nov	5:30pm									5:30pm
Monday 24th Nov		5:30pm				5:30pm	6:30pm	7:30pm		5:30pm
Wednesday 26th Nov			5:30pm	5:30pm	5:30pm				7:30pm	
Friday 28th Nov	5:30pm									5:30pm
Monday 1st Dec		5:30pm		5:30pm			6:30pm	7:30pm		5:30pm
Wednesday 3rd Dec			5:30pm		5:30pm	5:30pm			7:30pm	
Friday 5th Dec	5:30pm									5:30pm
Monday 8th Dec		5:30pm			5:30pm		6:30pm	7:30pm		5:30pm
Wednesday 10th Dec			5:30pm	5:30pm		5:30pm			7:30pm	
Friday 12th Dec	5:30pm									5:30pm
Monday 15th Dec		5:30pm	5:30pm				6:30pm	7:30pm		5:30pm
Wednesday 17th Dec				5:30pm	5:30pm	5:30pm			7:30pm	
Friday 19th Dec	5:30pm									5:30pm
Monday 22nd Dec		5:30pm				5:30pm	6:30pm	7:30pm		5:30pm

 = Session in Sports Hall

- All other sessions will be held on the Astro Turf at Ivybridge Community College.
- All sessions are a 1hr duration.

